

The Adolescent Partial Hospitalization Program at



The Adolescent Partial Hospitalization Program (PHP) at CHNK Behavioral Health serves as an alternative to inpatient care and is CHNK's newest addition to its extensive continuum of treatment services. The program uses a trauma-informed, multidisciplinary approach to address and treat significant primary mental health diagnoses – including depression, anxiety, disruptive mood dysregulation disorder, and others. The goal of the Partial Hospitalization Program is to provide a service that can be a safe step down from hospitalization. This program can be used to treat patients who do not meet criteria for inpatient admission to potentially avoid worsening symptoms requiring hospitalization or residential treatment.

CHNK's treatment team is comprised of an advanced practice registered nurse, a board-certified psychiatrist, and licensed therapists. The team uses an approach that includes Acceptance and Commitment Therapy, as well as components of Dialectical Behavior Therapy (DBT) to guide the program's structure. Each patient receives quality, individualized attention including a treatment plan unique to their specific needs. Throughout treatment, CHNK's team works in partnership with each patient to develop a comprehensive discharge plan and identify any recommended aftercare services.

Program Details

Treatment Location:

CHNK Behavioral Health Devou Park Campus
200 Home Road, Covington, KY 41011

Schedule:

5 days a week, Monday through Friday,
4 hours per day

Length of Treatment:

Varies based on each patient, but typical length
is 4 to 6 weeks

Payment:

All Medicaid MCOs and most commercial
insurance accepted

For more information about the Partial Hospitalization Program at CHNK Behavioral Health, please visit www.chnk.org or email CHNK Vice President of Outpatient Services Adam Roland, MSSW, LCSW at aroland@chnk.org.

To make a referral into the PHP,
email gethelp@chnk.org or call **1.844.YES.CHNK**.

Meet the Team



Dr. Justine Chilelli
DO, ABPN
Chief Medical Officer



Adam Roland
MSSW, LCSW
Intensive Services Director



Rachel Byrd
MSN, APRN, PMHNP-BC
Psychiatric Nurse Practitioner



Kara Pangburn
CSW, MSSW
Therapist